# ロロ HARVEST MINISTRIES DWELL DEVOTIONAL

21 Days of Prayer & Fasting

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# ABOUT THIS DEVOTIONAL

This devotional was birthed out of a desire to be in God's presence. The word "dwell" means to live or stay as a permanent resident. In the Book of Exodus, God instructed Moses to have the Israelites construct a sanctuary so He may dwell with His people (Exodus 25:8). This sanctuary became to be known as the Tent of Meeting or Tabernacle seen throughout the Book of Leviticus.

Since then, God sent His only Son, Jesus Christ, to die for the sins of world removing the need for a physical tabernacle (John 3:16; Romans 5:8; 1 John 2:2). As a result of this great act of love, God now dwells in every believer, by the power of the Holy Spirit, who has put their faith and trust in Jesus Christ alone as Lord and Savior.

As believers, we are called to holiness, which means we are to live lives set apart from the world. That's why we want to spend 21 days dedicated to prayer and fasting while going through the Book of Leviticus as we desire to dwell in God's presence like never before. Our prayer for you is that by the end of this devotional, you will experience life transformation, be developed as a Godly leader, and begin harvesting ministries as a true citizen of Heaven.

This devotional is for adults and children and will follow this daily structure:

- Scripture Reading: 1–2 verses from the Book of Leviticus.
- Reflection: A brief explanation for adults and an accessible version for kids.
- Prayer Focus: A guided prayer.
- Family Activity: A quick, interactive activity or discussion to reinforce the theme.

# CHECKLIST

#### Week 1: Sacrifice – Offering Ourselves to God

- O Day 1: God Desires Our Best
- Day 2: A Heart of Gratitude
- O Day 3: Jesus, Our Ultimate Sacrifice
- O Day 4: Sin Has a Cost
- Day 5: Offering Ourselves Daily
- Day 6: Generosity Pleases God
- Day 7: Rest in God's Presence

#### Week 2: Calling – Living as God's Chosen People

- Day 8: Called to Be Holy
- Day 9: Listening to God's Voice
- Day 10: Called to Serve Others
- Day 11: God's Presence Sets Us Apart
- Day 12: Trusting God's Plan
- Day 13: Being Salt and Light
- 🔾 Day 14: A Covenantal People

#### Week 3: Purity, Holiness, and Vows – Living Set Apart

- O Day 15: Keeping Our Promises
- Day 16: God Cleans Our Hearts
- O Day 17: Living in Purity
- Day 18: Offering All to God
- Day 19: Holy in All Things
- $\odot$  Day 20: Renewed by God's Love
- Day 21: Living Holy Lives

#### Prayer, Fasting, and Devotional Reflections

#### Fasting Options (choose one)

- Daniel Fast
- ⊖ Sugar Fast
- O Digital Fast

# **OUR MISSION**



#### DAY 1 - GOD DESIRES OUR BEST

- SCRIPTURE: Leviticus 1:3 "If his offering is a burnt offering from the herd, he shall offer it, a male without defect; he shall offer it at the doorway of the tent of meeting, that he may be accepted before the Lord."
- **REFLECTION (ADULTS):** God calls us to bring our best to Him in worship, not out of obligation but devotion.
- **REFLECTION (KIDS):** God loves when we give Him our best!
- **PRAYER FOCUS:** "Lord, help me offer my best to You in my thoughts, words, and actions."
- FAMILY ACTIVITY: Share one thing each person can give their "best" to God this week (e.g. time, kindness, effort).

#### NOTES

#### DAY 2 - A HEART OF GRATITUDE

- SCRIPTURE: Leviticus 2:13 "Every grain offering of yours, moreover, you shall season with salt, so that the salt of the covenant of your God shall not be lacking from your grain offering; with all your offerings you shall offer salt."
- **REFLECTION (ADULTS):** Gratitude adds flavor to our sacrifices, reminding us of God's goodness.
- **REFLECTION (KIDS):** Saying "thank you" to God makes Him happy!
- **PRAYER FOCUS:** "Lord, thank You for Your blessings. Help me live in gratitude."
- FAMILY ACTIVITY: Create a "gratitude list" together, writing things you're thankful for.

#### DAY 3 - JESUS, OUR ULTIMATE SACRIFICE

- **SCRIPTURE:** Leviticus 4:20 "He shall also do with the bull just as he did with the bull of the sin offering; thus he shall do with it. So the priest shall make atonement for them, and they will be forgiven."
- **REFLECTION (ADULTS):** The Old Testament sacrifices point to Jesus, who made the ultimate sacrifice for us.
- **REFLECTION (KIDS):** Jesus gave everything for us because He loves us!
- **PRAYER FOCUS:** "Jesus, thank You for being the perfect sacrifice for my sins."
- FAMILY ACTIVITY: Draw or create a cross and discuss its significance.

#### NOTES

#### DAY 4 - SIN HAS A COST

- SCRIPTURE: Leviticus 5:17 "Now if a person sins and does any of the things which the Lord has commanded not to be done, though he was unaware, still he is guilty and shall bear his punishment."
- **REFLECTION (ADULTS):** Sin separates us from God, but He offers forgiveness.
- **REFLECTION (KIDS):** Jesus forgives our sins!
- **PRAYER FOCUS:** "Lord, help me to repent and turn away from sin."
- FAMILY ACTIVITY: Write down a mistake, pray, and shred the paper as a symbol of forgiveness.

#### DAY 5 - OFFERING OURSELVES DAILY

- SCRIPTURE: Leviticus 6:12-13 "The fire on the altar shall be kept burning on it. It shall not go out, but the priest shall burn wood on it every morning; and he shall lay out the burnt offering on it, and offer up in smoke the fat portions of the peace offerings on it. Fire shall be kept burning continually on the altar; it is not to go out."
- **REFLECTION (ADULTS):** Keep the "fire" of your devotion burning through daily commitment.
- **REFLECTION (KIDS):** Follow God everyday!
- **PRAYER FOCUS:** "Lord, ignite a daily passion for You in my heart."
- FAMILY ACTIVITY: Light a candle and discuss how to "keep your fire burning" for God.

#### NOTES

#### **DAY 6 - GENEROSITY PLEASES GOD**

- SCRIPTURE: Leviticus 7:15 "Now as for the flesh of the sacrifice of his thanksgiving peace offerings, it shall be eaten on the day of his offering; he shall not leave any of it over until morning."
- **REFLECTION (ADULTS):** Our offerings should reflect joy and generosity, not obligation.
- **REFLECTION (KIDS):** Giving to God makes me cheerful!
- **PRAYER FOCUS:** "Lord, help me give cheerfully and generously."
- FAMILY ACTIVITY: Give as a family (time, food, or resources) to someone in need.

#### **DAY 7 - REST IN GOD'S PRESENCE**

- SCRIPTURE: Leviticus 23:3 "For six days work may be done, but on the seventh day there is a sabbath of complete rest, a holy convocation. You shall not do any work; it is a sabbath to the Lord in all your dwellings."
- **REFLECTION (ADULTS):** God commands us to rest as an act of faith and worship.
- **REFLECTION (KIDS):** Resting makes God smile!
- **PRAYER FOCUS:** "Lord, teach me to rest in Your presence and trust You."
- FAMILY ACTIVITY: Dedicate a restful family activity (e.g. worship, prayer, or nature walk).

#### DAY 8 - CALLED TO BE HOLY

- SCRIPTURE: Leviticus 11:44 "For I am the Lord your God. Consecrate yourselves therefore, and be holy, for I am holy. And you shall not make yourselves unclean with any of the swarming things that swarm on the earth."
- **REFLECTION (ADULTS):** Holiness means living in a way that reflects God's character.
- **REFLECTION (KIDS):** God wants us to be like Him—kind, loving, and good!
- PRAYER FOCUS: "Lord, help me to live in a way that honors You."
- FAMILY ACTIVITY: Share one way each family member can show God's love today.

#### NOTES

#### DAY 9 - LISTENING TO GOD'S VOICE

- SCRIPTURE: Leviticus 8:36 "Thus Aaron and his sons did all the things which the Lord had commanded through Moses."
- **REFLECTION (ADULTS):** Obedience is a key part of following God's calling.
- **REFLECTION (KIDS):** When we listen to God, we show Him we love Him!
- **PRAYER FOCUS:** "Lord, help me to hear and obey Your voice."
- FAMILY ACTIVITY: Act out "Simon Says" with a twist—"God Says." Discuss the importance of obedience.

#### **DAY 10 - CALLED TO SERVE OTHERS**

- SCRIPTURE: Leviticus 19:18 "You shall not take vengeance, nor bear any grudge against the sons of your people, but you shall love your neighbor as yourself; I am the Lord."
- **REFLECTION (ADULTS):** Love your neighbor as yourself—it's God's calling for all His people.
- **REFLECTION (KIDS):** God says, "Love your friends!"
- **PRAYER FOCUS:** "Lord, help me serve and love others as You love me."
- FAMILY ACTIVITY: Perform a family act of kindness for a neighbor.

#### NOTES

#### DAY 11 - GOD'S PRESENCE SETS US APART

- SCRIPTURE: Leviticus 16:2 "The Lord said to Moses: 'Tell your brother Aaron that he shall not enter at any time into the holy place inside the veil, before the mercy seat which is on the ark, or he will die; for I will appear in the cloud over the mercy seat."
- **REFLECTION (ADULTS):** God's presence makes His people holy and distinct.
- **REFLECTION (KIDS):** God made me special!
- **PRAYER FOCUS:** "Lord, may Your presence guide and sanctify me."
- FAMILY ACTIVITY: Create a "holy space" for prayer in your home

#### DAY 12 - TRUSTING GOD'S PLAN

- SCRIPTURE: Leviticus 25:20-21 "But if you say, 'What are we going to eat on the seventh year if we do not sow or gather in our crops?' then I will so order My blessing for you in the sixth year that it will bring forth the crop for three years."
- **REFLECTION (ADULTS):** Trust in God's provision and rest in His plans.
- **REFLECTION (KIDS):** I trust that God will give me what I need!
- **PRAYER FOCUS:** "Lord, help me to trust You even when I don't see the outcome."
- FAMILY ACTIVITY: Share a time when you trusted God and saw His faithfulness.

#### NOTES

#### DAY 13 - BEING SALT AND LIGHT

- SCRIPTURE: Leviticus 2:13 "Every grain offering of yours, moreover, you shall season with salt, so that the salt of the covenant of your God shall not be lacking from your grain offering; with all your offerings you shall offer salt."
- **REFLECTION (ADULTS):** Holiness means being a positive influence on the world.
- **REFLECTION (KIDS):** I will be a positive person for God!
- **PRAYER FOCUS:** "Lord, help me reflect Your light in my actions."
- FAMILY ACTIVITY: Light a candle and discuss how to shine God's light in your community.

#### DAY 14 - A COVENANT PEOPLE

- SCRIPTURE: Leviticus 26:9 "So I will turn toward you and make you fruitful and multiply you, and I will confirm My covenant with you."
- **REFLECTION (ADULTS):** God's calling establishes a relationship of love and blessing.
- **REFLECTION (KIDS):** God loves to bless me!
- **PRAYER FOCUS:** "Lord, thank You for choosing me as Your own."
- FAMILY ACTIVITY: Write a family prayer of thanksgiving for God's blessings.

#### **DAY 15 - KEEPING OUR PROMISES**

- SCRIPTURE: Leviticus 27:2 "Speak to the sons of Israel and say to them, 'When a man makes a difficult vow, he shall be valued according to your valuation of persons belonging to the Lord."
- **REFLECTION (ADULTS):** God values integrity; our promises to Him and others matter.
- **REFLECTION (KIDS):** It's important to keep our promises!
- PRAYER FOCUS: "Lord, help me honor You by keeping my promises."
- FAMILY ACTIVITY: Discuss and write a family "promise" you can make together (e.g., pray daily, share kind words).

#### NOTES

#### DAY 16 - GOD CLEANS OUR HEARTS

- SCRIPTURE: Leviticus 16:30 "for it is on this day that atonement shall be made for you to cleanse you; you will be clean from all your sins before the Lord."
- **REFLECTION (ADULTS):** Through Christ, we are cleansed and made new.
- **REFLECTION (KIDS):** Jesus makes our hearts clean when we say we're sorry!
- **PRAYER FOCUS:** "Lord, thank You for forgiving my sins and giving me a clean heart."
- FAMILY ACTIVITY: Use soap and water to wash hands together, discussing how Jesus cleanses us inside.

#### DAY 17 - LIVING IN PURITY

- **SCRIPTURE:** Leviticus 18:5 "So you shall keep My statutes and My judgments, by which a man may live if he does them; I am the Lord."
- **REFLECTION (ADULTS):** Living in purity means aligning our actions with God's Word.
- **REFLECTION (KIDS):** I will always do what God tells me to do!
- **PRAYER FOCUS:** "Lord, help me walk in purity and truth."
- FAMILY ACTIVITY: Talk about making choices that honor God.

#### NOTES

#### DAY 18 - OFFERING ALL TO GOD

- SCRIPTURE: Leviticus 22:21 "When a man offers a sacrifice of peace offerings to the Lord to fulfill a special vow or for a freewill offering, of the herd or of the flock, it must be perfect to be accepted; there shall be no defect in it."
- **REFLECTION (ADULTS):** God desires wholehearted devotion in all we do.
- **REFLECTION (KIDS):** I will give God my all!
- **PRAYER FOCUS:** "Lord, I give You all of me—my heart, mind, and soul."
- FAMILY ACTIVITY: Create a list of ways to "offer" your time and talents to God.

#### DAY 19 - HOLY IN ALL THINGS

- SCRIPTURE: Leviticus 19:2 "Speak to all the congregation of the sons of Israel and say to them, 'You shall be holy, for I the Lord your God am holy."
- **REFLECTION (ADULTS):** Holiness involves every aspect of our lives.
- **REFLECTION (KIDS):** God desires for me to always do good!
- PRAYER FOCUS: "Lord, help me honor You in every part of my life."
- FAMILY ACTIVITY: Identify one habit to change that aligns with God's holiness.

#### NOTES

#### DAY 20 - RENEWED BY GOD'S LOVE

- SCRIPTURE: Leviticus 26:12 "I will also walk among you and be your God, and you shall be My people."
- REFLECTION (ADULTS): God's love renews and restores us to live in His purpose.
- **REFLECTION (KIDS):** God's love makes a new and better person!
- **PRAYER FOCUS:** "Lord, renew me with Your love and purpose."
- FAMILY ACTIVITY: Share one way you've seen God's love this week.

#### **DAY 21 - LIVING HOLY LIVES**

- SCRIPTURE: Leviticus 20:26 "Thus you are to be holy to Me, for I the Lord am holy; and I have set you apart from the peoples to be Mine."
- **REFLECTION (ADULTS):** Holiness isn't about perfection but being set apart for God's purposes.
- **REFLECTION (KIDS):** Being holy means living like God wants us to!
- **PRAYER FOCUS:** "Lord, thank You for calling me to live a holy life. Help me to reflect Your love to others."
- FAMILY ACTIVITY: Light a candle together and talk about how we can shine God's light in the world.

# **REFLECTION**

#### PRAYER

How has praying impacted your life over that past three weeks?

Do you find yourself closer to God because of your new prayer life?

#### FASTING

How has fasting impacted your life over the past three weeks?

Do you find yourself closer to God because of the fast?

### **REFLECTION**

#### DEVOTIONAL

How this devotional impacted your life over the past three weeks?

Do you find yourself closer to God because of this devotional?

How has your view of holiness deepened?

What sacrifices or commitments have you made to grow closer to God?

How will you continue pursuing holiness in your everyday life?

# FASTING OPTION #1 DANIEL FAST

#### WHAT IS THE DANIEL FAST?

Daniel Fast is where you avoid meats, sweets, and treats for a specific amount of time. During a Daniel Fast, you normally consume rice, beans & lentils, vegetables, and fruits, while avoiding bread, meats, dairy products, sugars/ sweeteners, and alcoholic beverages.

#### FOODS YOU CAN EAT

Beans and lentils, nuts and seeds, fruits and vegetables, oils and fats, whole grains, unleavened bread, beverages, vitamins and supplements

#### **FOODS TO AVOID**

Alcohol, added sugars, meat, diary, eggs, yeast, refined grains, processed and fried foods, solid fats, chocolate, caffeinated drinks

### FASTING OPTION #2 SUGAR FAST

#### WHAT IS A SUGAR FAST?

Sugar Fast is a period of time when you abstain from eating sugar, specifically added sugar to reduce sugar intake, curb sugar cravings, and improve overall health.

#### SYMPTOMS OF SUGAR WITHDRAWAL

Headaches, dizziness, irritability

Sugar withdrawal symptoms can last between a few days to a week, but there are tips you can implement to mitigate them.

#### **SUGAR FASTING TIPS**

Eat breakfast, start small, eat more healthy fats, add protein, snack on fruit, swap your drinks for water or unsweetened tea, stay hydrated

# FASTING OPTION #3 DIGITAL FAST

#### WHAT IS A DIGITAL FAST?

Digital Fast is a period of time during which you intentionally reduce the amount of time you spend online on your devices. You may even opt to disconnect completely.

#### WHY YOU SHOULD DIGITAL FAST

Self-image problems, low self-esteem, sleep problems, depression, anxiety, weight gain, unhealthy eating, lack of exercise, lack of time management, work ethic problems

#### **BENEFITS OF DIGITAL FASTING**

Sharper focus, better social interactions, less stress, more control of your time

#### **DIGITAL FASTING TIPS**

- Let your friends and family know that you are on a digital fast and ask for their help and support
- Find ways to stay distracted and keep other activities on hand
- Delete social media apps from your phone to reduce temptation and easy access
- Try getting out of the house; go to dinner with friends or go for a walk when you are tempted to use your device
- Keep a journal to track your progress and write down your thoughts about the experience



